

# Partners for a Healthy Baby Virtual Workshop for Home Visitors

## AGENDA

### Day 1

9:00 – 9:30	Welcome & Introductions
9:30 – 9:35	History of <i>Partners for a Healthy Baby</i>
9:35 – 10:15	Using <i>Partners for a Healthy Baby</i> to Fidelity <ul style="list-style-type: none"> <li>• Purpose Page, Detailed Information Page, &amp; Parent Handout</li> <li>• <i>Partners</i> Scope &amp; Sequence</li> </ul>
10:15 – 10:30	BREAK
10:30 – 12:00	Having a Healthy Baby <ul style="list-style-type: none"> <li>• Fetal Development</li> <li>• Prenatal Care</li> <li>• Nutrition</li> <li>• Planning a Visit Using <i>Partners</i></li> </ul>
12:00 – 1:15	LUNCH
1:15 – 1:45	Emotional Health, Stress, & Support <ul style="list-style-type: none"> <li>• Trauma &amp; ACEs</li> </ul>
1:45 – 2:30	Having a Healthy Baby Walkaround <ul style="list-style-type: none"> <li>• Father/Partner Involvement in Pregnancy &amp; Parenting</li> <li>• Exercise During Pregnancy &amp; Following Childbirth</li> <li>• Breastfeeding &amp; Bottlefeeding</li> <li>• Family Planning &amp; Birth Control</li> </ul>
2:30 – 2:45	BREAK
2:45 – 3:45	Preparing for Childbirth <ul style="list-style-type: none"> <li>• Preventing Preterm Labor</li> <li>• Using <i>Partners</i> to Plan a Visit</li> <li>• Birth Planning</li> <li>• Labor &amp; Childbirth</li> <li>• What if: Baby Stays in the Hospital</li> <li>• What if: Baby Dies?</li> </ul>
3:45 – 3:55	Postpartum & Interconception Care <ul style="list-style-type: none"> <li>• Postpartum Recovery</li> <li>• Maternal &amp; Paternal Depression</li> </ul>
3:55 – 4:00	Closing

### Day 2

9:00 – 9:05	Welcome Back
9:05 – 9:30	The Amazing Newborn <ul style="list-style-type: none"> <li>• Family Adjustment to New Baby</li> <li>• Caring for Baby</li> <li>• Parenting &amp; Guidance</li> </ul>
9:30 – 10:15	Social / Emotional Development <ul style="list-style-type: none"> <li>• Trust &amp; Emotional Security</li> <li>• Healthy Attachment</li> </ul>
10:15 – 10:30	BREAK
10:30 – 12:00	Social/Emotional Development, <i>cont.</i> <ul style="list-style-type: none"> <li>• Responsive Relationships</li> <li>• Temperament</li> <li>• Self-Concept</li> <li>• Self-Regulation</li> </ul>
12:00 – 1:15	LUNCH
1:15 – 2:30	Infant/Toddler Development <ul style="list-style-type: none"> <li>• Developmental Milestones</li> <li>• Child Development Observations</li> <li>• Developmental Red Flags</li> <li>• Screening &amp; Referral</li> </ul>
2:30 – 2:45	BREAK
2:45 – 3:00	Language & Literacy
3:00 – 3:30	Play, Learning, & Cognition <ul style="list-style-type: none"> <li>• How Young Children Learn Best</li> <li>• Why Play is Important/Play of Young Children</li> <li>• Learning Through Play</li> </ul>
3:30 – 3:45	Planning a Visit Using <i>Partners</i>
3:45 – 3:55	Taking It Home
3:55 – 4:00	Closing & Evaluations

